



Processing/Follow-up Notes

Feeder Memories/Progressions (other significant memories that emerge):

Primary theme(s) addressed (Responsibility/Safety/Choice)

Stuck points:

Cognitive Interweaves Used:

Resources Used (safe place, container, etc)

End Point (SUD, VOC, last image, thought, etc):

How was incomplete session closed down?:

Homework assignments:

Discussion of any anticipated action or situation:

“How are we?” (Direct feedback to clinician about any procedures or interactions; describe the current therapeutic relationship, positive and negative aspects)

Any transference issues that emerged (client networks associated to therapist):

Examine countertransference issues (i.e. personal associated networks triggered in you; any negative emotions or personal feelings of inadequacy, danger, lack of choices or potentially inhibiting feelings of over-protectiveness, etc.):

What accomplished? (Clinician’s perceptions; client’s perceptions):

Positive feedback given to client in debriefing:

What resource was reinforced or technique given for between session stability?:

Other interventions used: