emdr extra THE UK'S PREMIER ORGANISATION FOR TRAINING IN EYE MOVEMENT DESENSITISATION AND REPROCESSING (EMDR)

SUPERVISION JOURNAL

SUPERVISOR :

SUPERVISEE(S):

DATE:

DURATION:

VENUE:

FORMAT: GROUP/INDIVIDUAL

CASE:
BRIDGE TO LAST SESSION: How did you apply what you learned to your clinical Practice?
SUPERVISION QUESTION:
CONTENT OF SUPERVISION: What was discussed? What methods were used: audiotape / role play / case discussion / Other …….....….
CONCLUSIONS OF SUPERVISION SESSION: What are you going to do?
COMMENTS/DISCUSSION: What have you learned about the patient, EMDR or yourself in this session?

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